

Wishing and hoping won't prevent pregnancy...
Emergency Contraception (EC) **can**.

EC is **NOT** the abortion pill and will not hurt or end a pregnancy.

- ✓ If you were forced to have sex
- ✓ If there was a problem with your birth control, or none was used
- ✓ If for *any* reason unprotected sex occurred...

*...EC can be taken up to 5 days after sex to **prevent** pregnancy*

It is recommended that the first dose be taken within 72 hours of unprotected sex. The second dose should be taken 12 hours later, or as close to 12 hours as is practical.

Purchase EC over the counter if you are over 18, or by prescription if under 18. Talk to your emergency room doctor, family doctor, gynecologist, pharmacist, or Adagio Health center immediately for availability.

For more information on Emergency Contraception contact:

- VOICe's 24 hour Hotline @ 1-800-400-8551
- Backupyourbirthcontrol.org
- Not-2-late.com or 1-888-Not-2-Late
- Raisinghervoice.org
- GO2EC.org
- Adagiohealth.org or 724-282-2730